

## وزارت آموزش و برورش سازمان پثوهش و برنامهريزیى آموزشى <br> 


سازمان پ夫وهش و برنامهريزى آموزشى
دفتر تأليف كتابهاى درسى عمومى و متوسطه نظرى
سيّد بهنامعلوىمقدّم،رضاخيرآبادى،ممركى رحيمى وحسين داورى（اعضاى گروه تأليف）－بهروز محمودىبختيارى،
على راستگو（ويراستار علمى）
اداره كلّ نظارت بر نشر و توزيع مواد آموزشى
 طراح جلد و صفحهآرا）ـ عليرضا كاهه، رعنا فرجزادهدروئى، فاطمه پزشكى، احمدرضا امينى و حميد ثابت كلاحاهى（امور آمادهسازی）

تهران：خيابان ايرانشهر شمالى ـ ساختمان شمارء
 وبگاه：www．chap．sch．ir و ww．irtextbook．ir
 تلفن： شركت چاپٍ و نشر كتابهاى درسى ايران »سهامى خاص＂ چاپپ دوم

پֶديدآورنده：
مدير يت بر نامهريزى درسى و تأليف：
شناسه افزوده برنامهريزى و تأليف：

مدير يت آمادهسازى هنرى：
شناسه افزوده آمادهسازى：

نشانى سازمان：

ناشر：

چاپֶانه：
سال انتشار و نوبت چاپ：

タVヘ＿Qタチ＿＊
ISBN：978＿964＿05＿2765＿8




 نوع، بدون كسب مجوز ممنوع است و متخلفان تحت پييگّرد قانونى قرار می يَيرند.

## 

$$
\begin{aligned}
& \text { rrip } \\
& \text { و از نشانههاى قدرت خداوند، آفرينش آسمان ها و و زمين و نيز }
\end{aligned}
$$

اينهها نشانههايى از حكمت الهمى براى دانشمندان نهوته است.

And of Allah's Signs of Power is the creation of the heavens and the earth and also the variation of the languages and the color of you people; verily, in all these are Signs for men of knowledge.
بركَرفته از ترجمهٔ مرحومه دكتر طاهره صفَارز زاده

با استعانت از الطاف خداوند متعال و عنايات حضرت ولى عصر (عج اللّه تعالى فرجه الشريف)


 و اساسى بوده است كه ريشه در تحوّل كلّى نظام آموزش و پرورش، اجراى



 آموزش داده مىشود.
English for Schools تحوّل در آموزش زبان انگليسى در قالب ارائه مجموعه كتابهاه


 و Vision متكى بر اصول كلى زير است: ■ توجه همزمان به هر چهار هـار مهارت زبانی
 ■ تأكيد بر يادگيرى زبان از طريق تجربيات زبانى
■ استفاده از محتواى غنى، معنادار و قابل فُهم در تـدوين محتواى آموزشى

 ■ توجه به جنبههاى عاطفى و نقش آنها در فرايند آموزش زبان

# نكات قابل توجه دبيران كَرامى: 



 راه نظام آموزشى كشور است بيشتر آشنا شوند.



 شايان توجهى مى كندا.



 معله آن، امكانيأير نيست.

 راهنماى معلم، مشاهدهُ نرمافزار و فيلم آموزشى معلمان با نام (بر فراز فراز آسمان) نيز بسيار مفيد خواهد بود.
همحخنين شايسته است والدين نيز از تغيير و تحوّلات انجام شهد در نظام آموزش زبان





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در خاتمه مجدداً تأكيد مى شود كه بستئه آموزشى حاضر با حاكميت رويكرد ارتباطى فقّال و ورا ورا











گَروه زبانهاى خارجى دفتر تأليف كتابهاى درسى عمومى و متوسطه نظرى

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Get Ready

## Conversation

New Words \& Expressions

Reading
$\qquad$
Vocabulary
Development

Grammar

Listening \& Speaking

Pronunciation
$\qquad$

Writing

## What

You Learned

Introduction to the Lesson

Talking about Languages

Learning Vocabulary of Reading

| Languages of |
| :--- | :--- | :--- |
| the World |$\quad$| Reading |
| :--- |
| Strategy <br> (Scanning) | | Reading |
| :--- |
| Comprehension |

Synonyms

| Countable and | $\begin{array}{l}\text { See Also } \\ \text { (Numbers) }\end{array}$ |
| :--- | :--- |
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Shopping, Asking and Answering about Prices and Numbers

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Get Ready

Conversation

New Words \& Expressions

Reading

Vocabulary
Development

Grammar

Listening \& Speaking

Pronunciation

Writing
$\qquad$
What
You Learned

Introduction to the Lesson

Talking about Lifestyle

Learning Vocabulary of Reading

| Having a | Reading | Reading |
| :--- | :--- | :--- |
| Healthier and | Strategy <br> Longer Life | (Skimming) <br> Comprehension |

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Get Ready

Conversation

New Words \& Expressions

Reading

Vocabulary
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$\qquad$
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Writing

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Shopping Handicrafts

Learning Vocabulary of Reading

| Art, Culture | Reading Strategy <br> and Society <br> (Recognizing <br> Reference Words) | Reading <br> Comprehension |
| :--- | :--- | :--- |
|  |  |  |

Antonyms

Conditional Type I | See Also |
| :--- |
| (Past Participles) |

Talking about Conditions and Future Results

Intonation of Conditional Sentences
$\qquad$

Infinitives

Reviewing Lesson 3


## Interesting Facts:

- There are about 7000 languages in the world.
- Most Languages of the world have no written form.
- The Holy Quran is available in more than 100 languages.
- One language dies about every fourteen days.
- Deaf people use sign language to communicate.

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## Getready

A. Look at the map. Choose six countries and write their languages.

1.
2.
3.
5.
6.
B. Match the signs with their meanings. There is one extra sentence.

(a) There is a parking lot around.
(b) Turn off your mobile phone.
(c) Please be quiet.
(d) Keep off the grass.
(e) You are near a restaurant.
(f) Do not swim here.

## C. Number the following activities from 1 to 6 according to how frequently you do them when you learn a foreign language.

$\square$ Reading storybooks
$\square$ Watching movies
Listening to the news
$\square$ Talking to foreigners
$\square$ Writing letters or emails


Babak Saberian is a translator who works for IRIB ${ }^{1}$. Today, he is hosting Meysam in his office. Meysam is a high school student. He is interviewing Mr. Saberian for his school project.

Meysam: Thank you Mr. Saberian for inviting me to your office.
Mr. Saberian: You're welcome!
Meysam: I heard you know three languages. Is that right?
Mr. Saberian: Well, actually four languages.
Meysam: Four! Really?! What languages do you know?
Mr. Saberian: Besides my mother tongue, Persian, I know English, French and Russian well.
Meysam: Interesting! And when did you learn them?
Mr. Saberian: I began learning English at school when I was thirteen. Then I began learning French in a language institute when I was fifteen. And I learned Russian when I was a university student in Moscow.

[^0]Meysam: Can you use all of them fluently?
Mr. Saberian: I know all of them well, but I use English more.
Meysam: OK. Do you think language learning should start as early as possible?
Mr. Saberian: My experience says interest and hard work are really more important than age.
Meysam: Hmm... that's an important point. May I know what your favorite language is? English, French, or Russian?
Mr. Saberian: To be honest, I enjoy using them all, but my favorite language is absolutely my mother tongue!

stions
Answer the following questions orally.

1. Where does Mr. Saberian work?
2. Was Mr. Saberian living in a foreign country when he was 13?
3. How many languages do you know?


## Expressions <br> Words

## and

A. Look, Read and Practice.


Mazandaran is one of the best farming regions of Iran.


Does water really exist on Mars?


Asia is the largest continent of the world.


Spanish is Diego's native language.


Dictionary prices range from $\$ 5$ to $\$ 15$.

[^1]

Rice is the most popular food in Iran.


Imagine you are traveling in space.


Today, less than 40 percent of people live in villages.


Scientists say that by 2050, wind power can meet the needs of the world.


Our teacher tried to explain the new word by means of sign language.
society: a large group of people who live together
We live in an Islamic society.
ability: the physical or mental power or skill to do something
Human's ability to talk makes him different from animals.
vary: to be different from each other
In some cities, prices vary from shop to shop.
make up: to form a thing, amount or number
China makes up $18 \%$ of the world's population.
despite: without taking any notice of
I enjoy the weekend, despite the bad weather.

C. Go to Part II of your Workbook and do A and B.

## Reading

## (1) Languages of the World

Language is a system of communication. It uses written and spoken forms. People use language to communicate with each other in a society. They exchange knowledge, beliefs, wishes, and feelings through it.

Languages vary greatly from region to region. They are so different that a person may not understand the language of someone from another region, country or continent. It is not surprising to hear that today about 7000 languages exist in the world. There are more than 2000 languages in Africa, 1000 in the Americas, more than 2250 in Asia, about 230 in Europe, and more than 1300 in Oceania.

Native speakers of these languages range in number from very large, with hundreds of millions of speakers, to very small, with fewer than 10 speakers. The most popular language in the world is Chinese.

More than one billion people in the world speak Chinese.

Interestingly, English has fewer native speakers than Chinese, but there are about one billion learners of English all around the world. They learn English as an international language.

About fifty percent of the world's languages have fewer than 5000 speakers. In the beginning of the twenty-first century, 204 languages had fewer than 10 speakers and 344 languages had between 10 and 99 speakers. The 548 languages with fewer than 99 speakers make up nearly 8 percent of the world's languages. We call them 'endangered languages'. As the speakers of such languages grow old and die, their languages will die, too.

All languages are really valuable, despite their differences. Every language is an amazing means of communication that meets the needs of its own speakers. It is impossible to imagine the world without language. Therefore, we should respect all languages, no matter how different they are and how many speakers they have.

## Rom Scanning

You can scan a reading passage to look for and find specific information quickly such as a number, a name, a word, or a phrase. Follow these steps to scan:

- Make a clear picture in your mind of the information you are looking for.
- Look for that information.
- Move your eyes quickly across the text. Don't read every word. When you find the information, stop, read the sentence and mark the information.


## HLEKJHGGHILMN

A. Scan the passage for the following numbers. Match them with the information. There is one extra number.
a. 548
b. 2250
c. 8
d. 1300
e. 204

1. The number of languages with speakers fewer than 10
2. The percent of endangered languages
3. The number of languages with speakers fewer than 99
4. The number of languages in Oceania
B. Scan the passage for the proper nouns.
a) The language with more than one billion learners:
b) The continent with one thousand languages:
c) The language with the largest number of native speakers:

## C. Scan the passage and answer the following questions.

a) How many languages are there in the world?
b) What is the number of endangered languages?
c) Which continent has the largest number of languages in the world?

## D. Read the sentences; put $\mathbf{T}$ for true and $F$ for false. If a sentence is false, correct it.

a) Through languages, people can exchange only knowledge. $\mathrm{T} \bigcirc$ $\mathrm{F} \bigcirc$
b) When a language has no speaker, it dies out.
$\mathrm{T} \bigcirc$
$\mathrm{F} \bigcirc$
c) Only a few languages can meet the needs of their own speakers.

## vocabulaty <br> Development

## SYNONYMS

Synonyms are words with similar meanings, for example, 'hard' and 'difficult'; or 'begin' and 'start' are synonyms. Learning synonyms is a good way to develop our vocabulary.
A. Write the words that mean the same under the picture where they belong.

| small | powerful | quick | strong |
| :--- | :--- | :--- | :--- |
| fast | tiny | simple | easy |


B. Two of the words in each group are synonyms. Find them.
a) amazing/ probable/ wonderful
b) seek/ search for/ exercise
c) quit/ live/ give up
d) fortunately/ luckily/ really
C. Look back at the Reading to find synonyms for the words.
a) In paragraph 2, find a synonym for 'largely':
b) In paragraph 4 , find a synonym for 'nearly':
c) In paragraph 5 , find a synonym for 'to form':
d) In paragraph 6, find a synonym for 'to think of':

## Grammar

## A. Read the following texts.

An endangered language is a language that has very few speakers. Nowadays, many languages are losing their native speakers. When a language dies, the knowledge and culture disappear with it. A lot of endangered languages are in Australia and South America. Some of them are in Asia and Africa. The number of live languages of the world is around 7000, and many of them may not exist in the future. Many researchers are now trying to protect endangered languages. This can save lots of information and cultural values of people all around the world.


There are many uncountable words for food in English. Native speakers often use words such as 'a bag of, 'two slices of', or 'a piece of' with uncountable nouns. This usually happens when they go shopping. They may ask for two bottles of water, a bag of sugar, a loaf of bread, or two kilos of meat. In a coffee shop, they may order a cup of tea, a piece of cake, or a glass of juice. If a foreign learner uses uncountable words wrongly, English speakers may not understand them well. So when you learn English, be very careful about this important point.

## B. Read the following examples. Compare the columns.

| Singular countable | Plural countable | Uncountable |
| :---: | :---: | :---: |
| a car | two/ three/ four cars | - traffic |
| a book | some / many books | some/ <br> much information |
| Singular countable Plural countable Uncountable <br> a bird lots of/ a lot of birds a lot of chicken soup <br> a man few/ a few men little/ a little bread |  |  |


| Questions | Answers |  |  |
| :---: | :---: | :---: | :---: |
| How many cars are there in the street? | There are | two <br> three four some many | cars. |
| How many books do you need? | I need | lots of a lot of a few few | books. |
| How much information does your teacher need? | She needs | some <br> much lots of | information. |
| How much bread is there in the kitchen? | There is | a little little | bread. |

[^2]
## Measure words with uncountable nouns

| a bottle of |  | water |  |
| :--- | :--- | :--- | :--- |
| a cup of |  | two, three, ... bottles of | two, three, ... cups of |
| a blass of of |  | two, three, ... glasses of | water, juice |
| a piece of |  | two, three, ... bags of | rice, sugar |
|  |  |  |  |

C. Tell your teacher how different 'countable' and 'uncountable nouns' are.
D. Underline all 'countable and uncountable nouns' in Reading.

## E. Choose appropriate words to complete the following sentences.

1. The students need to read (many/much) books about history.
2. Please buy (a loaf of/a bottle of) bread for breakfast.
3. Children should drink (a lot of/a few) milk.
4. We did not have (much/many) visitors this week.
5. Could you please bring me (a glass of/a piece of) water?

## F. Pair up and ask and answer the following questions.

1. How many books did you read in summer?
2. How much milk do you drink each day?
3. How much money do you save each month?
4. How many pencils do you have in your bag?
G. Go to Part III of your Workbook and do A and B.

## Numbers

A. Read the examples and see how numbers are used before nouns.

Numbers
Nouns

| a/one | car |
| :---: | :---: |
| an/one apple <br> two, three, four, five, six, seven, eight, nine, ten tables <br> eleven, twelve, thirteen, fourteen, fifteen, sixteen, <br> seventeen, eighteen, nineteen chairs <br> twenty, twenty-one, twenty-two, ........, twenty-nine students <br> thirty, thirty-one, thirty-two, ........, thirty-nine trees <br> forty, forty-one, forty-two, .........., forty-nine horses <br> fifty, fifty-one, fifty-two, ..........., fifty-nine books <br> sixty, sixty-one, sixty-two, .........., sixty-nine boxes <br> seventy, seventy-one, seventy-two, ............, children <br> seventy-nine  <br> eighty, eighty-one, eighty-two, ........., eighty-nine bags <br> ninety, ninety-one, ninety-two, ........, ninety-nine men |  |

one hundred, two hundred, three hundred, .....
languages
one thousand, two thousand, three thousand, four thousand, ..... birds
one million, two million, three million, ..... cells one billion, two billion, three billion, .....
B. Read the examples and see how numbers are used before adjectives + nouns.

| Numbers | Adjectives | Nouns |
| :---: | :---: | :---: | :---: |
| a /one | small | car |
| a /one | red | apple |
| an /one | interesting | movie |
| two, .........., ninety-nine | beautiful | trees |
| two hundred, ......., ten billion | Canadian | dollars |
|  |  |  |

## Listening

## Speaking Strategy

Shopping, asking and answering about prices and numbers
A. You may use 'how much' to ask about prices. You may use 'how many’ to ask about numbers.

- May I help you?
- Yes, please. I'm looking for some birthday candles.
- How many candles do you need?
- I need 12 birthday candles.
- You can find different types of candles over there.
- Um... How much are those?
- 20000 Tomans.
- What about these?
- 10000 Tomans.
- I think I'll take these. Here you are.
- Thank you.



# You may use the following patterns to ask about prices and numbers. 

How much do/does
cost?

How much is it?
How much are they?
How many ..... are there?
B. Listen to the following conversations and answer the questions.


1. The boy wants
2. How many words does the first dictionary have?

Pair up and ask at least two questions about the prices of things you or your friends have in your/their bags. You may use the words in the box.

```
pen, pencil, eraser, pencil-sharpener, ruler, notebook
```


## Conversation 2



## 1. How much is a ticket?

2. How many tickets does she want?

Pair up and ask about the numbers of things you or your friends have. You may use the words in the box.
sisters, brothers, uncles, aunts, books, pens, pencils

## Pronumaration

A. 'Ten numbers' (ten, twenty, thirty, ...) have strong stress on their first part. Listen and repeat.

| twenty | sixty |
| :--- | :--- |
| thirty | seventy |
| forty | eighty |
| fifty | ninety |


B. 'teen numbers' have strong stress on 'teen'.
$\square$ She is almost thirteen.

■ Did you say eighty or eighteen?

## poriting

## $\because \because$. Simple Sentences

In English, every simple sentence must have at least a subject and a verb. Such a sentence is called a 'simple sentence'. Who or what the sentence speaks about is called the subject. What the sentence says about the subject is called the verb. In the following sentences, the subject is underlined once and the verb twice.

## Mahan is sleeping.

The bird does not sing.


The apple fell down.

The teacher is hard-working.


1) To find a subject, ask who or what the sentence is about. Your answer is the subject.

- Who is the first sentence about? Mahan
- What is the second sentence about? The bird
- What is the third sentence about? The apple
- Who is the fourth sentence about? The teacher


Remember that the 'subject' of a sentence is a 'noun' (any person, place, or thing) or a pronoun. A pronoun is simply a word like I, we, he, she, it, you, or they used in place of a noun.
2) To find a verb, ask what the sentence says about the subject.

- What does the first sentence say about Mahan? Mahan is sleeping.
- What does the second sentence say about the bird? The bird does not sing.
- What does the third sentence say about the apple? The apple fell down.
- What does the fourth sentence say about the teacher? The teacher is hard-working.


As you see, a sentence begins with a capital letter and ends with a ¿period.
A. Read each group of words. Do these words make a sentence? If yes, write them again with a capital letter and a period.

■ studying in the library
■ she laughed
■ suitable for both boys and girls
$■$ the lion died
■ the tree will fall down
■ the baby with her small hands

- it is very good for children
- a beautiful lake in the forest

B. Write an appropriate word in the following blanks. The answer will be the subject of the sentence.

■ $\ldots \ldots \ldots \ldots \ldots$ is one of my best teachers.

- A runs faster than a mouse.
- Every night,
- Many live in this forest.
C. Write an appropriate word in the following blanks. Each answer will be the verb of the sentence.

■ The child ........................ loudly.

- Shayan
always kind to his sister.
- We for hours.

■ The museum at 8 a.m.


A simple sentence can also have an object. An object is a noun that receives an action.

The students are drinking milk.


The students learn English.



D. Read the following sentences. Circle the objects.

1. The boy runs fast.
2. Mina speaks English.
3. We must respect our neighbors.
4. Shadi is working at home.
5. Ali is a smart student.

## E. Write an appropriate word in the following blanks. Each answer will be an object.

1. They will meet
2. Ali and I bought
3. We are going to learn
4. Children should not eat

## F. Rearrange the words to create correct sentences.

1. borrowed / I / that book
2. is going / she / the TV / to turn on
3. can / learn / we / a new language
4. sang / a song / my grandfather

- A simple sentence can also have additional information mostly in the forms of 'adverbs of place, time and manner'.
- Ali will have an exam next week.
- Zahra studies English at school.
- Yesterday, I saw my teacher in the street.
- We usually visit our grandmother on Fridays.
- My brother can speak French fluently.


#  

# G. Read the following sentences. Find the subject(S), verb(V), object(O) and additional information(AI). 

$$
\text { Example: } \frac{\text { She }}{s} \frac{s t u d i e s}{V} \frac{\text { English }}{O} \frac{\text { at school }}{\text { AI (Place) }} \frac{\text { every week. }}{\text { AI (Time) }}
$$

1. On weekends, I read storybooks.
2. I usually get good grades.
3. Last night, my mother made cookies.
4. My friends take photographs of animals.
5. I have a math class on Wednesdays.
H. Using past, present and future tenses, write five simple sentences about yourself.
6. 
7. 
8. 
9. 
10. 


k some
 hug cher a ty

## What


you
learned


## A. Listen to the first part of a story.

1. Fill in the blanks based on what you've just heard.

I went to a
I needed some cheese

## 2. Listen again and list all uncountable nouns.

B. Now read the second part of the report.

The only thing I was still looking for was a bag of sugar. There were four types of sugar. I picked the bags and read the explanations. Honestly, I didn't understand their differences. A young man came to me and asked what I wanted. I told him I needed some sugar for breakfast. He gave me some information. Again, I didn't understand the differences. I took pictures of the explanations, sat somewhere, and checked the explanations in my mobile dictionary. At last, I understood what type of sugar I needed to buy!
3. Scan the text for the nouns.
C. Work in pairs. Ask and answer.

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## LESSON2



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## cerpeady

A. Look at the people in the pictures. Check ( ) if what they are doing is good for their health.


Now match the pictures with the words and sentences.
a worked
(b) jog
C hangs out
d eating
(e) surfing
f climbed

1. Behzad likes junk food when he’s watching TV.
2. Reza is the net.
3. I go out and every morning at 6 .
4. Mahdi ......... with his friends on Fridays.
5. They ......... Mount Damavand last year.
B. In the pyramid below circle the food you eat each day.


Do you think you have a healthy diet? How do you know that?
C. Read the following sentences and use adverbs of frequency (never, sometimes, often, usually, always) to show how often you do them.

1. I work on my computer.
2. I watch TV in the afternoon.
3. I go out and play with my friends.
4. I eat fast food.
5. I walk to school.

Compare your answers with your classmates'.


Sina and Behzad are old friends. They have not seen each other for about three months. Behzad has called Sina.

Behzad: Hi Sina. How is it going? I haven't seen you since Norooz.
Sina: Hi Behzad. Thanks for calling. I am home most of the time. I do different things like surfing the net and playing computer games.
Behzad: How about your free time? Going out, jogging, playing football,...?
Sina: Nope. I rarely go out and hang out with my friends.
Behzad: I see. Reza and I are going to Darband for climbing and walking this Thursday. We really like to see you. Will you come with us?
Sina: What?! Oh, no, I haven't been there for a long time. I prefer to stay home and watch my movies on the weekend. I've bought lots of things to eat, too.
Behzad: Come on! Stop being a couch potato! I guess you haven’t exercised for a long time. I think you are a bit fat now.

Sina: Um... actually, you're right. I've gained five kilos in three months. I really do not like to move!
Behzad: See? I told you. Working with computers for a long time makes people sick and depressed. I've read about this somewhere.
Sina: All right. You won!... When and where should we meet?


Answer the following questions orally.

1. What does Sina do at home?
2. Is Sina a sportsperson?
3. What is your favorite sport?


## ressions

## (1) A. Look, Read and Practice.



Eating vegetables is an important part of a healthy diet.


The doctor is listening to my grandfather's heartbeat.

My uncle has high blood pressure.



My sister measures herself every month.

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Our neighbor had a heart attack yesterday.


One serving of rice is not enough for them.


Arash has a bad eating habit.


Smoking is harmful to everyone.


Today, addiction to technology is a big problem.
physical: relating to the body Swimming is a physical sport.
calm: without worry
My teacher has a very calm manner.
balanced: with all parts existing in the correct amounts
A balanced diet contains lots of fruits and green vegetables.
recent: happening or starting a short time ago
The price of bananas has increased in recent weeks.
emotional: relating to the emotions
Her doctor said the problem was more emotional than physical.
prevent: to stop something from happening
Daily exercise can prevent diseases.
relationship: the way in which two or more people feel and behave towards each other.

She has a very good relationship with her aunt.
C. Go to Part II of your Workbook and do A and B.

## Readthe

## () Having a Healthier and Longer Life

Have you ever thought of a healthy lifestyle to live longer? People can do many things to have a healthier life. Most people have a special diet or do lots of exercise; however, without a careful plan they may hurt themselves.

To have a healthier lifestyle, people need to do certain things. First they should check their general health. Measuring blood pressure and heartbeat is the most important thing to do. They also need to check their family health history. In this way, they understand if anyone in the family has had a special illness.

Another thing is paying attention to physical health. For example, eating healthy food helps people live longer and prevents diseases. Eating junk food makes people gain weight, and increases the risk of heart attack. Eating balanced servings of bread, vegetables, fruits, protein, and oil is necessary for everyone. Also, daily exercises improve people's health condition.

An effective way to enjoy a better lifestyle is having healthy relationships with others. Recent research has shown that a good social life decreases the risk of death. Sadly, some people do not visit their relatives very often these days. They are really busy with their work and usually use technology to communicate.

Bad habits and addiction can be harmful to health. One day of smoking can take around 5 hours away from the smoker's life. Addiction to technology such as using computers for a long time is also dangerous.

Above all, the most important thing to enjoy a good life is having emotional health. Praying decreases stress and gives people a calm and balanced life. People with this lifestyle have had a better life.

There are many other things people can do to live healthier and longer. The key point, however, is having a plan for the way they want to live and take care of their physical and emotional health.

## Reading Strategy <br> Skimming

You can skim a passage to identify the topic and understand the writer's main idea, or message. When you skim, you can also predict and guess what the reading is about. Skimming a passage before you fully and carefully read it can help you understand it better.
Follow these steps to skim:

- Read the title.
- Look at photos.
- Read the first and the last lines of each paragraph.
- Read quickly. Don't read every word. Details are not important.
- Find and write the main idea.

To identify the topic of a passage, ask: What is the passage about? To identify the main idea of a passage, ask yourself: What are the most important things the writer says about the topic?

HLKJHGGHLMNJ
A. Read the following sentences. Find each idea in the Reading and then write the number of the paragraph that discusses it.

Having a healthy relationship with others makes our lives better.
Paragraph
Addiction is a harmful habit.
Paragraph
Paying attention to our food is necessary for our physical health.
Paragraph
B. Skim the Reading. Circle the main idea.
a) Smoking is harmful to health.
b) Having a healthy and long life needs a careful plan.
c) Praying gives people a healthy life.
C. Scan the Reading to find the following information.
a) What increases the risk of heart attack?
b) How can we check our general health?
c) What is the most important factor to have a healthier life?

## 

## PREFIXES AND SUFFIXES

A prefix is a letter or a group of letters that comes at the beginning
of a word. Each prefix has a meaning. For example:
PREFIX
MEANING

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A suffix is a letter or a group of letters added to the end of a word to make a different word. For example, when a suffix changes a verb into a noun, it is a noun maker suffix.

| SUFFIX | FUNCTION | EXAMPLE |
| :---: | :---: | :---: |
| -er /-or | noun maker | write + -er = writer <br> translate + -or = translator |
| -ness | noun maker | happy + -ness = happiness |
| -ion /-tion /-sion | noun maker | create + -ion = creation |
| -ful | adjective maker | use + -ful = useful |
| -ous | adjective maker | danger + -ous = dangerous |
| -y | adjective maker | rain + -y = rainy |
| -al | adjective maker | nature + -al = natural |
| -ly | adverb maker | slow + -ly = slowly |

A. Read the following words. Circle the prefixes:

| disagree | midterm | uncle |
| :--- | :--- | :--- |
| unsafe | read | image |
| reality | incomplete | disorder |
| unfortunately |  |  |

B. Read the following words. Circle the suffixes:

| scanner | powerful | homeless |
| :--- | :--- | :--- |
| paper | replay | invitation |
| cultural | famous | family |

C. Read the fourth paragraph of the Reading and find five suffixes:
D. Look at the nouns. Their adjective forms are given in the Reading. Find them.

Noun
Adjective form

2. health
(par. 4)
3. danger
(par. 5)
4. emotion
(par. 6)

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## Grammar

A. Read the following texts.

Technology has influenced the lives of people in this century. Working with computers and mobile phones has changed people's habits and lifestyles. Some people use their laptops and especially their mobile phones everywhere for no good reason. Some of them have not read a book for months. Some have not visited their relatives for a long time. Some even have not slept well or have not eaten properly for a long time. Some of these people have quit good habits like doing daily exercises or attending social events. They have chosen an unhealthy lifestyle. To live longer, they need to rethink the way they live, work, and use technology.


Technology has helped the researchers and scientists of our time. New medicines and medical inventions have saved the lives of many people. They have let people have a happy life and live longer. New medicines such as anti-cancer drugs and new antibiotics have cured many patients. Some technological inventions have helped doctors to check people's health condition. They have found keys to the secrets of the human body. New technologies have helped doctors to understand how diseases develop. They have found ways to fight and stop diseases in their early stages. Technology, as some people may think, is not a bad thing at all. The way we use technology, is important.
B. Read the following examples.

## Affirmative

| He <br> Samira | has |  |  |
| :---: | :---: | :---: | :---: |
| I <br> You <br> Erfan and Ehsan <br> They | have |  |  |

- Amir has written a letter.

■ I have watched that movie.

## Negative

| Behrooz <br> She | has not <br> hasn't |  |  |
| :---: | :---: | :---: | :---: |
| I <br> You <br> We <br> My friends | have not | havgotten | the accident. |

- My mother has not made a cake.
- The students haven't finished their homework.


## Interrogative

| Has | he <br> Maral | worked | hard? |
| :---: | :---: | :---: | :---: |
| Have | I <br> you <br> we <br> the farmers |  |  |

- Have you been to Paris?

■ Has Mr. Ahmadi produced that movie?

## C. Tell your teacher how 'present perfect tense' is made.

D. Read the Conversation and underline all 'present perfect verbs'.

## E. Read the following paragraph and choose the best verb forms.

I am 55 years old now and I am going to retire this week. When I look back and read the book of my life, I see that I (have-have had) a very interesting life. I was born into a good family. My father was a teacher and my mother was a nurse. They always worked very hard and gave me a normal and healthy life. When I was a kid, I (wantedhave wanted) to become a firefighter. After university, I (join-joined) the Fire Service. I (have worked-work) there for 30 years. It is a really difficult but exciting job. I (worked-work) very hard to become a good firefighter. I (have been-was) in many missions for the past 25 years. But honestly, I don't remember how many lives I (have saved-save) and how many people I (have mademake) happy. Of course one thing I know for sure: I (have enjoyedenjoy) every minute of my life as a firefighter.

## F. Read the following examples.

I've known them since 2008.
We've lived here for 20 years.

He hasn't got a job yet.

Have they ever traveled to Madrid?
G. Pair up and talk about the things you have and have not done. You may use 'since', 'for', 'yet', or 'ever' in your questions and answers.

Example: I have studied lesson 4. I haven't done my English homework yet.
1.
2.
3.
4.
5.
H. Go to Part III of your Workbook and do A and B.

## Sesalso

## Phrasal verbs

Read the following examples. Check the meaning of the phrasal verbs.

Would you like to leave a message? No, I'll call back later.
Have you checked in? Oh, yes. I am in my room now.
When did you get up? Early in the morning.
Has your father given up smoking? Yes, he knows smoking is harmful to his health.

Did she go to school in Karaj? No, she grew up in Lavasan.
Hurry up! We're late.

Sara looked after us very well. She's an excellent cook.

Turn off the washing machine. It's making too much noise.
James usually wakes up early. But today he's still asleep.

## Speaking Strategy

Talking about past experiences

## Listening and $S$

$\qquad$ :
A. You may use 'present perfect tense' to ask and talk about past experiences.

A: Have you ever played the game 'Travel to Mars'?
B: Oh, yes. I have learned to play it recently. But I don't want to play it again.
A: Really? Why?
B: It takes a lot of my time. I have attended a Spanish class since last Monday. I like to spend my time on that.
A: I see. But you can play it in your free time.
B: I don't know. I haven't thought about that yet.


You may use the following patterns to ask and answer about your past experiences.

> Have you ever ......?

Yes, I have ...... it once, last year, ....
No, I haven't. Maybe I try it later.
B. Listen to the following conversations and fill in the blanks.

Conversation 1


1. Hamid is on a team.
2. He has quit the team to

Pair up and ask your friends about the experiences they have had. You may use the verbs in the box.
watch Amir Kabir TV series, read poems of Hafez, play football, make a paper boat, travel to the South


1. Farideh wants to
2. Farideh has tried

Pair up and ask your friends about the things they haven't experienced yet. You may use the verbs in the box.
play golf, climb Mount Everest, travel to the moon, take part in the Olympics

## pronumciation

## 12 <br> A. Listen to the following sentences. All of the words are important and thus they are all stressed.



1. Watch out!
2. Come back!
3. Sit down!
4. Go away!
5. Take care!

B. Say the following sentences with appropriate stress patterns.
6. Get away!
7. Turn round!
8. Wake up!
9. Hurry up!
10. Take care!

## moriting

## Gerunds



Cycling is good exercise.
Vahid enjoys cycling.

A gerund is a verb + -ing that works like a noun. A gerund can be a subject or an object in a sentence.

- Swimming is useful for everyone.
- Reading helps us learn English.

A gerund is always singular. When one gerund is the subject of a sentence, it takes a singular verb.

■ Walking makes me happy.
But when two gerunds form the subject, the verb is plural.
$■$ Cycling and jogging are my favorite sports.

Sometimes a noun follows a gerund:

- Playing football was his fun.

■ Taking photos is her hobby.
■ Learning a language takes time.
A. Change the following verbs into gerunds. Then complete the sentences.

```
write eat travel do
```

1).$\ldots \ldots \ldots \ldots$ fast food makes you fat.
2) $\ldots \ldots \ldots \ldots \ldots$ by train is cheap and safe.
3) $\ldots . . \ldots . . . . .$. English well is one of my goals.
4)
regular exercise is useful for everyone.


In notices, you often see NO before -ing forms. It means that it is forbidden here. For example, NO FISHING means "Fishing is forbidden".


Gerund as Object
*We can use a gerund after the following verbs:
enjoy
give up
keep on
quit
finish
imagine
practice
love
*We usually use go + a gerund to describe recreational activities.

- Let's go shopping.

■ Yesterday, we went biking.

Here are some common examples:
go fishing
go skiing
go swimming
go sailing
go running
B. Change the following verbs into gerunds. Then complete the sentences.

| play | walk | fish |
| :--- | :--- | :--- |

1) My sister enjoys ............. in the rain.
2) Mehran loves ............. volleyball.
3) My dad goes ............. on Fridays.
4) Has she finished .............. her homework?

C. Using gerunds (as subject and object) make five sentences about
yourself, your family or your friends.
1. 
2. 
3. 
4. 
5. 


D. Read the following sentences. Which of the underlined words is a gerund?

1) They were watching a football match when I called.
2) Saeed is cycling in the park right now.
3) Farzaneh enjoys watching scientific movies.
4) My favorite sport is hiking.

Prepositions are words such as at, by, for, against, after, about, on, in, with, without and so on.

Here are some common examples of prepositions + gerunds :
$■$ Parastoo is good at speaking and writing German.

- Alice is interested in playing tennis.
- What do you think about living in a village?
- Nancy and Margaret have plans for doing their homework soon.
- I am tired of washing the dishes.


## E. Find all gerunds in the Conversation. Which one has come after a preposition?



$$
\begin{aligned}
& 30 \text { To unt h Althen ave } \\
& \text { NT, HOM A A S TO HWE A MA P }
\end{aligned}
$$

## What






$550 *$

## A. Listen to the first part of a report.

1. Complete the sentences based on what you've just heard.

Some people have three bad habits. They are

By making just a few changes in their lifestyle, people
2. Listen again and list all 'present perfect tenses'.

## B. Now read the rest.

People's busy lifestyle in big cities has created many problems for their health. Rushing to and from school and work has made it hard for everyone to be physically active. Many people do not have time to cook or prepare healthy food. They eat unhealthy snacks and junk food. This type of diet has changed people’s taste and many young people now prefer fast food to homemade dishes. Watching TV and working with technology for long hours have also risked people's health. They have increased the risk of heart diseases and sleep disorders. So the things that seem so simple now can cause serious problems in the future.
3. Skim the text and suggest a title for it.
4. Scan the text and underline all 'gerunds'.
C. Work in pairs. Ask and answer.

Name three things people have to change in their lifestyle.

Is it really easy to change our lifestyle?

Why is too much working with technology dangerous?

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## LESSON 3




## Interesting Facts:

- Art increases brain's activity.
- Art helps students learn math and science better.
- Art makes people more creative and sociable.
- There are at least 12 different meanings for the word 'art' in English.

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## cepready

A. Look at the pictures. Mark two parts on the map of Iran where these artworks and crafts are made.


Now match the pictures with the following words.
(a)
carpet
b
pottery
C tilework
d painting
e calligraphy
B. Use the words in part A to complete the following sentences. Make the necessary changes.

1. I bought this beautiful .......... cup in Meibod.
2. The little boy was sleeping on the . It was soft and warm.
3. Can you read that
? It seems to be one of Nezami’s poems.
4. There is a collection of Farshchian's in Astan Ghods Museum.
5. There are lots of in Sheikh Lotfollah Mosque.

C. How do you feel when you look at an artwork?happy and cheerful
〇uncertain and worried
$\bigcirc$ bored and tired
〇proud and hopeful


Reza: How can I help you, sir?
Tourist: I am looking for some Iranian handicrafts.
Reza: Here you can find a range of Iranian hand-made products, from carpets to pottery and tilework, but we don't sell metalwork.
Tourist: I'd like to buy a Persian carpet, but it seems too expensive.
Reza: The price depends on its size. Instead, you can take an Isfahan Termeh or a Qashqai Gabbeh.
Tourist: Wow! How touching this Gabbeh is! How much is it?
Reza: It is 85 dollars. If you buy more than 100 dollars, you'll get a 20 percent discount. You can take this calligraphic tile for only 30 dollars.
Tourist: Well, I'll take both. Please pack them for me.
Reza: Yes, sure.
Tourist: Do you work for this shop? Who has made these beautiful items?

Reza: Actually, it is my father's workshop and store. I work here after school. All my family members work here to help our family business.
Tourist: Well done! How lucky you are to work in such a lovely shop! I really appreciate the culture and art of Iran.
Reza: Thank you very much. If you are interested in knowing more about our products, you can check this booklet.


## NewNords and Expressions



My aunt bought a decorative wall clock.


Iran is a vast country in Southwest Asia.


Iranian craftsmen and craftswomen are hard-working people.


He is weaving a rug.


Gold and silver are valuable metals.


Each person's fingerprint is unique.


The animal diversity of Lorestan is amazing.
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B. Read and Practice.
custom: traditional or usual things that people do in an area My uncle is interested in old local customs.
identity: Who or what a thing or person is
The policeman is searching for the identity of that man.
reflect: to show something
This poem reflects the poet's love of nature.
humankind: all people
The World Wars have been really bad for humankind.
appreciate: to value somebody or something
Each society appreciates its art and culture.

C. Go to Part II of your Workbook and do A and B.

## Reading

## (1) Art, Culture and Society

Art is what people create with imagination and skill. As a part of culture, it shows the way of life and identity of a nation and reflects the history of a society. In fact, the history of humankind is the history of art. If we want to know a country or a nation well, we should study its art.

Handicrafts are good examples of the art and culture of a country. By handicrafts, we mean making decorative items in a skillful way using our hands. Each country and culture has its own handicrafts.

Making and selling handicrafts are good ways to help a country's economy and introduce its culture to other nations. Many people of the world produce handicrafts and sell them to tourists. In some Asian countries a part of the country's income comes from making and selling handicrafts.

Iran has a five-thousand-year-old history of artistic works and handicrafts including pottery, painting, calligraphy, rugs and carpets, etc. If you travel across Iran, you'll get back home with excellent handicrafts as souvenirs for your family and friends.

Iranian art is also quite famous all around the world. There are very excellent collections of Persian art in many important museums of the world. If we want to name countries with richest art and cultural diversity, Iran is among them. Persian art is famous in the world for reflecting moral and social values of Iranian people and the natural beauty of this vast country.

Iranian craftsmen and craftswomen are famous for producing very unique artworks from wood, metal and other simple materials around them. Many people of the world appreciate the art and skill of a young Iranian girl who weaves a beautiful silk carpet in a small village of Azarbaijan or Kordestan. When tourists buy Persian rugs or carpets, they take a part of Iranian art and culture to their homelands.

A. Read the Reading. Use the above strategy to find what these words refer to.

1. it (paragraph 1 , line 2 ):
2. its (paragraph 2, line 3 )
3. them (paragraph 3, line 3 )
4. them (paragraph 5, line 4)
5. they (paragraph 6, line 6)
B. Scan the Reading to find the following information.
6. What does art reflect?
7. How can we help the economy of our country?
8. Why is Persian art famous?
C. Read the following sentences. Find each idea in the Reading and then write the number of the paragraph that discusses it.
9. Making and selling handicrafts help a country's economy.

Paragraph .....
2. Many people in the world value the art and skill of Iranian artists.

Paragraph ....
3. Handicrafts can show the art and culture of a nation. Paragraph ....

## Weming

## ANTONYMS

Antonyms are words that have opposite meanings. Sometimes antonyms are very different words, for example 'true' and 'false' or 'hot' and 'cold'. Other times, they are made by adding or changing prefixes or suffixes, for example, 'like' and 'dislike' or 'careful' and 'careless'. Learning antonyms is a good way to develop our vocabulary.
A. Write a word in each blank that is the opposite of the words in the left column.


## B. Two of the words in each group are antonyms. Find them.

a) start/ finish/ decrease/ produce
b) quickly/ sadly/ greatly/ slowly
c) rise/ move/ reflect/ fall
d) cheap/ famous/ expensive/ interesting
C. Look back at the Reading to find synonyms and antonyms for the words.
a) In paragraph 1 , find a synonym for 'reflect':
b) In paragraph 3 , find an antonym for 'buy':
c) In paragraph 5, find a synonym for 'well-known':
d) In paragraph 6, find an antonym for 'ugly':


## Grammar

## A. Read the following text.



Our neighbor is a craftsman. I love his beautiful artworks. Whenever I see his works, I say to myself, "when I grow up, I will become an artist like him". One day he told me: "Amir, are you really interested in art? If you enjoy art, you will become a good artist. Most people like art, but some do not understand it. If you do not see any special thing in a pottery, you won't appreciate its value. If you do not appreciate the value of art, you cannot become a successful artist. You will just make things. If you really like art, you will need two things in the future: education and experience. Study hard, work hard, and create things to make people happy."
B. Read the following examples.

If you study hard,
If my friends come,
If Reza goes to Rey,
you will pass the exams.
I will become happy.
he will visit the bazaar.

I'll phone you
You'll hurt yourself
Maryam will get a prize
if I have time.
if you jump into the river.
if she answers the question correctly.

C. Tell your teacher how 'conditional sentences' are made.
D. Read the Conversation and underline all 'conditional sentences'.

## E. Read the following paragraph and choose the best verb forms.

I sometimes think about my future job. I want to have a job to help the people of my country. When I (grow up / will grow up), I (become / will become) a teacher. I will work hard and help children. If I (teach / will teach) well, my students (learn / will learn) many things. If they (study / will study) hard, they (become / will become) successful in their lives. They can have good jobs in the future. They may become teachers, nurses, farmers, and artists. If my students (become / will become) successful, I (feel / will feel) happy and satisfied. This helps people to have a happier life.


## F. Pair up and talk about the things you will do or will happen in the following conditions.

1. If it rains tomorrow,
2. If I study hard for my exams,
3. If we go to Noshahr this Friday,
4. If I eat so much junk food,
5. If I get a good mark,

## Past participles

Read the following examples.

Amir is bored with his present job.

Mina got amused by the story.

I'm totally confused. Would you please explain it again?
He often gets depressed about his weight.
I'm so excited that we're going to Yazd.

To tell the truth, I was frightened to death.

I've always been interested in football.

They were greatly surprised at the news.

I'm tired of watching television; let's go for a walk.

## Speaking Strategy

Talking about conditions and future results

## Listening and Speaking

A. We use 'will' with 'if' to talk about what will happen in the future if certain conditions are met at the present time.

- We want to buy a new store.
- Really, what for?
- We want to make and sell more pottery work.
- I've heard people are really interested in your work.
$\square$ Yeah, if everything goes well, we will open the new store in June.


You may use the following to talk about conditions and future results.

If everything goes well, I will
If all goes well, they will
If our plans work, we will
B. Listen to the following conversations and fill in the blanks.

Conversation 1


1. They are going to
2. If all goes well,

Pair up and ask your friends about the things they have to do now to achieve something in the future. You may use the verbs in the box.
become a doctor in the future, go to Marivan in Norooz, buy a new computer next year

Conversation 2


1. Mohammad is going to
2. Amir is going to

Pair up and ask your friends about the things they have to do now to achieve something in the future. You may use the verbs in the box.
take part in charity, study Physics, visit historical sites of Hamedan

## Pronumolation

A. Listen to the following sentences. A part of the sentence has a rising intonation, another part of it has a falling intonation.

1. If I get the money, $A$ I will buy a new mobile phone. 7
2. We'll get to the school late $A$ if the bus does not come on time. 7
3. If the kids answer the questions, $A$ the teacher will give them a prize. $\downarrow$
4. You'll get a good job A if you work hard. ₹

B. Listen to the sentences and draw upward or downward arrows for rising and falling intonations.
5. If it snows, people will drive carefully.

## Wrifing



To learn a language can be interesting. Hamed wants to learn a language.

An infinitive is the 'to' form of a verb, for instance, the infinitive form of 'study' is 'to study'.

You can use an infinitive as the subject of a sentence:
$■$ To smoke is very bad for everyone.
But its gerund form is more natural:
■ Smoking is very bad for everyone.

We can also use infinitives as an object of a sentence.

- I like to watch this movie.
- She wanted to buy an Iranian handicraft.


## After some verbs we use infinitives. The most common ones are:

| choose | expect |
| :--- | :--- |
| decide | remember |
| want | try |
| promise | attempt |
| forget | agree |
| wait | learn |

## A. Complete the following sentences with the gerunds or infinitives of the verbs in the box.

> learn leave make give catch turn off

1) I went home after ............... the school.
2) I have decided Spanish.
3) We can't learn English without mistakes.
4) Mahboobeh bought some flowers to her mother.
5) Remember the lights.
6) I ran fast the bus.


## HINT

We make negative infinitives with not + to + verb.

- I told the children not to make so much noise.
- My dad tries not to forget the phone numbers.

We can use infinitives after some adjectives.

- She became happy to see her classmate after ten years.

■ Ali was really sad to leave us soon.


Some other common adjectives are:

| careful | amazed |
| :--- | :--- |
| certain | ashamed |
| glad | fortunate |
| shocked | lucky |
| sorry | surprised |

B. Using five adjectives from the above, write five sentences with infinitives about yourself.
1.
2.
3.
4.
5.
C. Read the Reading and find all gerunds and infinitives.
 MAY EECOME 7

## What

 you What aye colo , GHER TMrs
 xanlath ohum
 vetop die vechru/aky

## A. Listen to the first part of a report.

1. Fill in the blanks based on what you've just heard.

Art is helpful
People can make
2. Listen again and take note of all 'if clauses'.

## B. Now read the rest.

Art can improve people's physical, mental, and emotional wellness. If people use their art skills in a right way, they will be able to communicate their feelings. They will understand their family and friends better. Art can help people have better relationship with each other. The power of art decreases the risk of many illnesses such as heart attack. If people practice art, they will get along with their stress and enjoy the pleasure of making artwork. You can try this by drawing simple things or making simple objects. You will see its power!
3. What does 'their' in line 2 refer to? What does 'its' in the last line refer to?
4. Underline all 'conditional sentences'.
C. Work in pairs. Ask and answer.

Can everyone make artwork?

How does art help us understand our family?

Have you ever visited an art gallery?


## arregularverbs

| Base form | Past simple | Past participle |
| :---: | :---: | :---: |
| be | was, were | been |
| become | became | become |
| begin | began | begun |
| bite | bit | bitten |
| bleed | bled | bled |
| blow | blew | blown |
| break | broke | broken |
| bring | brought | brought |
| broadcast | broadcast | broadcast |
| build | built | built |
| burn | burned/burnt | burned/burnt |
| buy | bought | bought |
| catch | caught | caught |
| choose | chose | chosen |
| come | came | come |
| cost | cost | cost |
| cut | cut | cut |
| do | did | done |
| draw | drew | drawn |
| dream | dreamed/dreamt | dreamed/dreamt |
| drive | drove | driven |
| drink | drank | drunk |
| eat | ate | eaten |
| fall | fell | fallen |
| feed | fed | fed |
| feel | felt | felt |
| fight | fought | fought |
| find | found | found |
| fly | flew | flown |
| forget | forgot | forgotten |
| forgive | forgave | forgiven |


| Base form | Past simple | Past particiole |
| :---: | :---: | :---: |
| freeze | froze | frozen |
| get | got | gotten |
| give | gave | given |
| go | went | gone |
| grow | grew | grown |
| hang | hung | hung |
| hear | heard | heard |
| hide | hid | hidden |
| hit | hit | hit |
| hold | held | held |
| hurt | hurt | hurt |
| keep | kept | kept |
| know | knew | known |
| learn | learned/learnt | learned/learnt |
| leave | left | left |
| lend | lent | lent |
| let | let | let |
| lie | lay | lain |
| lose | lost | lost |
| make | made | made |
| mean | meant | meant |
| meet | met | met |
| pay | paid | paid |
| put | put | put |
| quit | quit | quit |
| read | read | read |
| ride | rode | ridden |
| ring | rang | rung |
| rise | rose | risen |
| run | ran | run |
| say | said | said |


| Base form | Past simple | Past participle |
| :---: | :---: | :---: |
| see | saw | seen |
| seek | sought | sought |
| sell | sold | sold |
| send | sent | sent |
| set | set | set |
| shoot | shot | shot |
| show | showed | showed/shown |
| shut | shut | shut |
| sing | sang | sung |
| sink | sank | sunk |
| sit | sat | sat |
| sleep | slept | slept |
| speak | spoke | spoken |
| spend | spent | spent |
| stand | stood | stood |
| steal | stole | stolen |
| swim | swam | swum |
| swing | swung | swung |
| take | took | taken |
| teach | taught | taught |
| tell | told | told |
| think | thought | thought |
| throw | threw | thrown |
| understand | understood | understood |
| wake | woke | woken |
| win | won | won |
| write | wrote | written |



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2018


## اسامى دبيران و هنرآموزان شركت كننده 

| استان محل خدمت | نام و نام خانوادیى | رديف | استان محل خدمت | نام و نام خانوادیى | رديف |
| :---: | :---: | :---: | :---: | :---: | :---: |
| اصفيان | ميترا فتوحى اناركى | ro | خراسان جنوبى | مرجان احـى | 1 |
| اردييل | بريسا احمكى | r9 | كردستان | مجيد ساءانى دويسه | r |
| كرمان | عبدالعلى وحيد يور | rv | شهرتهران | 0** | r |
| فارس | مارال عزيزى | ¢A | همدان | على رضائى جاويدان | $\stackrel{ }{ }$ |
| كهكيليوه وبيور/حمد | محمود يبشوا | ra | ايلام | بربروز جمالونىى | ه |
| فارس | يعقوب شهريارى | $r$. | آذربايجان غربى | مرتضى عليزاد | ¢ |
| مركزى | مسعود مشيلى | r | آذربايجان غربى | رسول مهرورز | $\checkmark$ |
| كرمانشاه | يدا.. فيضى | rr | سمنان | آمنه جعفرى | $\wedge$ |
| كرمانشاه | مرضيهر رضا بيكى | rT | شهرستانهاى تهران | زهره صوفيانى | 9 |
| هرمزكان | مريهم هوريظر | M | بوشهر | محمد جواد شيخيانى | 1. |
| البرز | سعيد خيرى | ras | بوشهر | نركّ خاتون صادق | 11 |
| ايلام | الهام فرجى | rs | خراسان جنوبى | نازينين حسينى نزاد | ir |
| همدان |  | rr | خراسان رضوى | محمود حانج مقدم | ir |
| آذربايجان شرقى | تيمور انصارى | 「 | اصفهان | مكحمود | 15 |
| قزوين | مجيدروريش حسينى | ra | خوزستان | ليلا سياح | 10 |
| كردستان | عاطفه حسينى | f. | قزوين | واله غاهلمى | 19 |
| هرمزكان | سروش بحر العولمى | +1 | مازندران | فرزانه ملكى ارفىى | iv |
| زنجان |  | H | سمنان | فرنوش طاهريان | 14 |
| قم | مريمه توكلى راد | Hr | همدان | روشنك رضائى | 19 |
| اردييل | مسعود حكيميان | ${ }_{4}$ | شهرتهران | ثريا حسن نيا يزدى | r. |
| كرمان | زهرا حيدرى | 40 | مركزى | مريهم مصاكى | ri |
| كيان | \| افشين عطائى | 49 | خراسان رضوى | سهيلا ركنى | rr |
| آذربايجان شرقى | زهرا كمالى | cr |  | عادله حيدرى | KT |
|  |  |  | مازندران | محمدرضا يقوبى | M |


[^0]:    1. Islamic Republic of Iran Broadcasting
[^1]:    N......iesson $\boldsymbol{O}^{\ldots}$.....

[^2]:    ©

[^3]:    

